FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
nstruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Murphy Michael T.						2. Issuer Name and Ticker or Trading Symbol M/A-COM Technology Solutions Holdings, Inc. [MTSI]								heck all ap Dire	olicable)	or 10% Ov (give title Other (s		/ner
(Last) (First) (Middle) 100 CHELMSFORD STREET						3. Date of Earliest Transaction (Month/Day/Year) 04/03/2014								below) below) SVP, Engineering				
(Street) LOWELL MA 01851 (City) (State) (Zip)					4. I	4. If Amendment, Date of Original Filed (Month/Day/Year)								ne) X Fori Fori	al or Joint/Group Filing (Check Applicable orm filed by One Reporting Person orm filed by More than One Reporting erson			
		•		on-Deri	vative	Sec	uriti	ies Ac	quired	I, Di	sposed o	of, or Be	neficia	lly Own	ed			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day					action	Execution Date			3. Transaction Code (Instr.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4		d (A) or	5. Am 5) Secur Bener	5. Amount of Securities Beneficially Owned Following Reported		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)	Price	Trans	ted action(s) 3 and 4)			Instr. 4)
Common Stock 04/03/20							014				2,600	A	\$0.6	4	32,883		D	
Common Stock 04/03/20						014			S ⁽¹⁾		2,600	D	\$21.5	2(2)	30,283		D	
		Т	able II								posed of converti			y Owne	I			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/E		4. Transa Code (8)		of		6. Date Exercisa Expiration Date (Month/Day/Yea		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares					
Employee Stock Option (Right to	\$0.64	04/03/2014			M			2,600	(3)		11/10/2019	Common Stock	2,600	\$0	17,28	0	D	

Explanation of Responses:

- 1. The shares were sold pursuant to a sales plan adopted by the reporting person and intended to comply with Rule 10b5-1 under the Securities Exchange Act of 1934.
- 2. The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$21.43 to \$21.60, inclusive. The reporting person undertakes to provide to the issuer, any shareholder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth
- 3. Represents 150,000 stock options originally granted to the reporting person on November 10, 2009. One-fifth (1/5th) of the stock options vested and became exercisable on November 2, 2010 and one-sixtieth (1/60th) of the stock options vest monthly thereafter provided that the reporting person remains in continuous services with the issuer as of each vesting date.

/s/ Clay Simpson, Attorney-in-

** Signature of Reporting Person

Fact

04/07/2014

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.